



# “ On the left bank of the Girona river ”

A linear route with little gradient following the lower course of the Girona River, with slight detours to enter the towns and villages and discover their heritage, stroll through their streets and savour the local gastronomy.

Picture by Àngel Lozano Cortell

**Distance**  
10,4 km

**Length**  
45 min

**2 hours**

## Feel the experience

The river Girona, before its mouth, leaves on its left bank the villages of the subregion of Rectoría and Beniarbeig.

This route follows the line of the river along secondary paths in order to enjoy the scenery and nature.

-DOWNLOAD THE ROUTE-

Click to access the interactive map

This route is adaptable to your tastes and preferences

1. From Tormos to Sagra by Morerar Street -> 1,7 km	6 min.	17min.
2. From Sagra to El Ràfol d'Almúnia by Les Hortes Street -> 1,9 km	8 min.	24min.
3. From Ràfol d'Almúnia to Benimeli by Partida la Bolata -> 1,6 km	7 min	20 min
4. From Benimeli to Sanet y Negrals -> 2,3 km exit by Ecce Hommo Street and access by Maestro Serrano Street	11 min	28 min
5. From Sanet y Negrals to Beniarbeig -> 2,9 km by Constitución Avenue	11 min	35 min

Stop in each town, stroll through its streets, admire the local heritage and culture and savour the local products and gastronomy.

Additional Services: click on each icon to access the links

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